

BRAINSPOTTING BASICS

BRAINSPOTTING IS A POWERFUL TREATMENT METHOD THAT USES BODY AWARENESS, FOCAL EYE POSITIONS AND MINDFUL PROCESSING TO GET TO THE ROOT OF STRESS AND TRAUMA

JOIN US FOR THIS INFORMATIVE 2-HOUR WEBINAR FEATURING:

- HISTORY & BASIC THEORY OF BSP
- GROUP EXPERIENTIAL & LIVE DEMO

HOSTS

MARIYA JAVED-PAYNE
USA BRAINSPOTTING
THERAPIST/TRAINER

3MITA[®]

IN PARTNERSHIP
WITH
AMITACARE

FOR

COUNSELORS, PSYCHOLOGISTS,
SOCIAL WORKERS IN INDIA WITH
POST-GRADUATE DEGREES

WHERE

LIVE ZOOM WEBINAR

WHEN

SATURDAY, NOVEMBER 5TH OR
NOVEMBER 25TH

9AM-11 AM INDIAN STANDARD TIME

COST

FREE

SIGN UP

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**THIS IS AN INTRODUCTORY SESSION AND NOT A FULL BRAINSPOTTING TRAINING*