

# Brainspotting & Addictions with The Crocodile Set Ups



Attendance via zoom only



Register Here



Your Trainers:  
**DR ROBY ABELES** PsyD

A psychotherapist in the USA and Australia for the past 33+ years. Dr Abeles is an International Brainspotting Trainer; Co-Founder of both Brainspotting Australia Pacific; and the MATES Brain Regulation Program, a Somatic Experiencing Practitioner (SEP), EMDR Consultant & HeartMath Coach.

Dr Roby is also trained in Internal Family Systems (IFS), Ego State Work, 12 Step work & Narrative Therapy.

Dr Roby provides consultation & supervision in Brainspotting, and other modalities to therapists world-wide. She has over 34 years as a recovering addict/alcoholic herself.



**MARIYA JAVED-PAYNE** MSW, LICSW, LADC

Mariya is a Licensed Independent Clinical Social Worker, Licensed Alcohol and Drug Counselor, Certified Brainspotting Trainer and Consultant, and a Minnesota Board Approved Supervisor.

She also offers therapy intensives for complex PTSD and addictions, as well as consulting services on the topics of race, addictions, and trauma in her private practice, Awaken Consulting Services.

Her 13 years of experience have focused on clients with addictions, medication assisted treatment therapies, complex and developmental trauma, racial trauma, oppression, and chronic pain.

## 3 Day Brainspotting & Addictions

*Includes 2 live demonstrations of the SET UPS.*

The training introduces participants to the enormously successful “BSP Crocodile set ups” to help addicted clients stop urges & cravings quickly, through brain changes, and then imagine their future free of addiction.

The training will also introduce:

- Addiction & ACEs connections
- Neuroscience driving addiction relapse
- Addiction as Emotional Regulation
- Addiction as attempt at Secure Attachment
- Benefit of Narrative therapy

There will be time for discussion, Q & A, along with 2 live demonstrations.

After this training, participants will be able to:

1. Name and explain why areas in the brain of the addict are disconnected
2. Understand the value of metaphor, story-telling, and the narrative therapy technique of ‘externalizing the problem’, in addiction recovery
3. Use a well-developed metaphor – ‘The Crocodile’, to externalize their client’s addiction and allow a good trusting alliance/connection with therapist
4. The role of continuous narrative in recovery
5. Use a BSP double spot + a further expansion spot in “The Crocodile Set Up” to help addicted clients prevent relapse and move forward into resolution of traumas and other issues which drive the addiction



Dates: USA (Central Time Zone)

14th, 15th & 16th October 2022

USA (Central Time): 9am-5.30pm



For questions, please contact Mariya Javed-Payne at [awakenconsultingservices@gmail.com](mailto:awakenconsultingservices@gmail.com)



Time Zone Converter

## Fees:

**Early Bird\*** AUD\$1000

(Approx. USD \$745 • ends June 30th 2022)

**Regular** AUD\$1067

(Approx. USD \$795 • July 1st - October 9th 2022)

**50% Off** AUD\$537

(Approx. USD \$400 • Anytime)

**70% Off** AUD\$322

(Approx. USD \$240 • Anytime)

Local Organiser: **Brainspotting Australia Pacific**



Click here for more information

**Pre-requisite:** It is presumed that attendees have experience and specific training in the treatment of Addiction. It is preferable that attendees have experience and specific training in the treatment of Trauma. Completion of a live in person or online Brainspotting Phase 1 is required.

**What you'll need:** Your pointer, your bilateral music on your device, and your NON noise cancelling headphones, if you like to use them for your own practice sessions.

**Cancellation:** We will provide registrants with a full refund if they cancel up to 30 days before event (less \$50 administrative fee\*). No refund after the 30 days.

\***Early Bird:** Applies to all bookings made by July 30th, 2022.

**Prices:** All prices shown are in Australian Dollars (AUD).

Please use the currency converter for accurate USD prices.



Currency Converter